

Workshop: Storm at Sea "The Wendy Way"

The goal of this workshop is to teach a new piecing method by making one of the Storm at Sea Variations shown here. Each pattern uses the same pieced units; they are different only in fabric placement. They finish 21" square as shown. Most students will finish this much in 1 day. You can then add borders (pieced or plain) to make your project into a wall-hanging. Or, you may decide to use this piece as the center of a much larger quilt. After piecing this sample you may be ready to design and piece another Storm at Sea project using the new technique.

Preparation before class:

1. Before cutting your fabric, iron with spray sizing or starch. This adds stability and helps prevent stretching.
2. Referring to the cutting charts on the next page, cut and label the pieces for the variation of your choice.

TIP: Some students like to put their cut pieces into labeled plastic bags. I prefer to put them on labeled paper plates. The plates stack easily and can then be slipped into a zip-lock bag for transport to class.

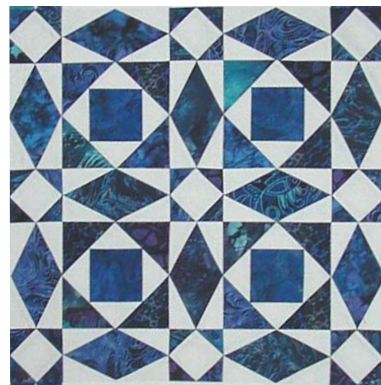
3. Make a swatch card: Paste small samples of each fabric to an index card and label them Background, Main Medium, Accent, etc. Tape the card to the front of your sewing machine and it will help both you and the instructor.

Checklist - What to bring to class:

- Book: *A New Light on Storm at Sea Quilts* (by Wendy Mathson; C&T Publishing)
- fabric pieces you have cut PLUS all extra fabric
- your swatch card
- rotary cutter and small mat
- long acrylic ruler
- sewing machine with a new 80/12 needle (I prefer Microtex/Sharp needles for piecing)
- quarter-inch foot for machine, preferably one with a flat bottom; i.e., without an edge guide or flange
- good quality piecing thread and at least 2 filled bobbins
- basic sewing supplies, including fabric scissors, seam ripper, extra-fine pins, chocolate candy

Optional:

- turn-table cutting mat IF you have one
- extension table for sewing machine
- digital camera
- a few sheets of inexpensive tracing paper and colored pencils if you want to experiment with a border design for your project (additional fabric will be required)



Traditional



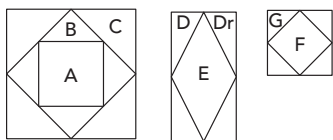
Circular Variation



Star Flower Variation

If you have read this supply list and still have questions, I encourage you to email or call me for additional help. Please don't expect the people at the shop where you are taking the class to understand the pattern as well as I do!

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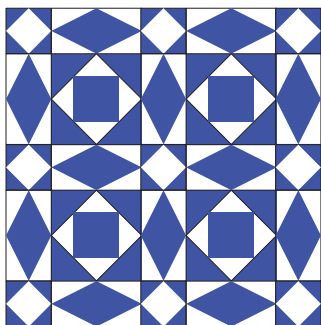


Cut and label pieces according to the charts below. For example, in the top chart, cut 4 squares, 3½" from Dark fabric and label them "A". The A and E columns are highlighted in yellow to

indicate that these pieces should be cut carefully to the exact measurement. The other pieces can be cut quickly and do NOT need to be exact. (They are trimmed to size after sewing.)

Traditional

Dark and Light scraps



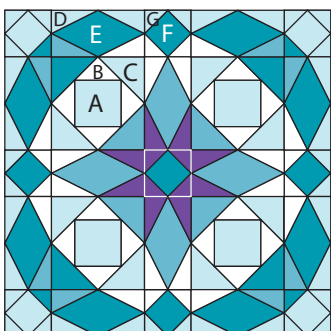
Darks: Scraps totalling about 1 yd, or ¾ yd of a single fabric
 Lights: Scraps totalling about ¾ yd, or ½ yd of a single fabric

The quilt shown here is made with a variety of dark scraps, and a single light fabric for the background. Be sure you have a good contrast between the dark and light fabrics for the most striking effect.

	A	B	C	D	E	F	G
	3½" □	3½" □	4¼" □	2½" x 5" □	4" x 7" □	Wait to cut these in class	
Dark	4	-	8	-	12		
Light	-	8	-	24	-		

Circular Variation

using 4 fabrics



Accent (Purple): ¼ yd
 Light (White): ¼ yd

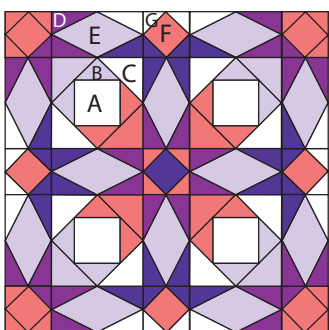
Dark Main Color (Dark Teal): ¼ yd
 Medium Main Color (Medium Teal): ½ yd

To substitute colors, keep the values as indicated: dark, medium & light. For accent, choose a brighter or contrasting color.

	A	B	C	D	E	F	G
	3½" □	3½" □	4¼" □	2½" x 5" □	4" x 7" □	Wait to cut these in class	
Accent	-	-	-	4	-		
Light	-	8	-	8	-		
Dark Main	-	-	2	-	8		
Med Main	4	-	6	12	4		

Star Flower Variation

using 5 fabrics



Accent (Orange): ¼ yd
 Light (White): ¼ yd
 Light Main Color (Lavender): ½ yd

Dark Main Color 1 (Bluish Purple): ¼ yd
 Dark Main Color 2 (Reddish Purple): ¼ yd

To substitute colors, keep the values as indicated: dark & light. For accent, choose a brighter or contrasting color. You can use ½ yd of a single fabric for the 2 Darks.

	A	B	C	D	E	F	G
	3½" □	3½" □	4¼" □	2½" x 5" □	4" x 7" □	Wait to cut these in class	
Accent	-	4	2	-	-		
Light	4	-	4	4	-		
Light Main	-	4	2	-	12		
Dark Main 1	-	-	-	8	-		
Dark Main 2	-	-	-	12	-		